



## Stay Fit This Fall With the Gainesville Community



Cooler weather has arrived! We got the feel for it over the weekend which means we are now at the time you can enjoy the outdoors without sweating through your clothes. For Gainesville residents, this also means we have the perfect weather to get back into a workout routine. Want to get involved with community workouts? We have compiled a list of community events to get you into the fall spirit and some community workout events. Looking forward to hearing which events you like best!

- ◇ [Cupcake Race 5k/10k/13.1](#)- Hosted by Fit2Run & The Runners Superstore 11/18/18 The annual Cupcake Race has added a half marathon this year! Everyone receives a finishers medal along with a cupcake. The kids and adult runners will receive a cupcake from the Flour Pot Bakery. Chip Timing Hydration stations every 2 miles. Racer Back shirts for the women, and tank tops for the men. Beautiful run around the pond at the Depot park and down Hawthorn Trail and back. Trophies and age group medals will be from the Trophy Shop in Gainesville. Free photos. <http://bit.ly/2I978Fy>  
Link for charity: <https://www.raceentry.com/races/forsyth-century-challenge/2018/fundraising/charity/charity/emory-als-2937>
  
- ◇ [2018 Fall Festival](#)  
[Sat November 10<sup>th</sup> 8:30 AM · Haile Farmer's Market ·](#)  
Mark your calendars for the Haile Farmers Market 2018 Fall Festival! Saturday the 10th of November we'll have special extended hours, 8:30 am-Noon. We'll be hosting handmade craft of all kinds, special kids events/ crafts, live music, food tastings, a fall family photo-opt, and much much more. Bring the whole family for a day at the market to usher in the cool weather to north central Florida! Event Address: 5213 Southwest 91 Terrace, Gainesville, FL 32608 Questions? Contact us: [hailefarmersmarket@gmail.com](mailto:hailefarmersmarket@gmail.com) We accept vendors who make their own products, not resell products. Please fill out our event registration form at <https://goo.gl/forms/DIN9OLBlvcSLLaZ22> Special event booths cost \$30.

- ◇ [Calling All Supper Heros](#) Partnership for Strong Families is hosting its fourth annual Superhero 5K Run/Walk on November 3! Registration on the day of the event will begin at 7:00 a.m. and the race will begin at 8:30 a.m. Our Superhero 5K is a family-friendly event that invites superheroes of all ages and experience levels to dress as their favorite superhero and race to the finish. Funds raised from this event will go toward finding forever families for children awaiting their permanent homes. Grab your cape and join us as we work to find forever homes for the deserving children in our care!
  
- ◇ [Depot Park Parkrun weekly event](#) Depot Park parkrun's free weekly 5k to run, jog, walk, or volunteer, everyone is welcome! November 3<sup>rd</sup> If you have never participated in a parkrun event, you will need to complete a one-time registration (select Depot Park if new registration) and print a barcode here: <https://www.parkrun.us/register/form/> Be sure to bring that barcode with you to the event to get your time!  
Learn more about <http://www.parkrun.us>
  
- ◇ [Boo at The ZOO](#): Boo at the Zoo is Gainesville's favorite Halloween treat for families. The students and staff transform the zoo into a spooky but safe trick or treating event for the whole family. Admission to the event is one canned good per person.
  
- ◇ [4<sup>th</sup> Annual Ride for Recovery](#) It's that time of year again! The 4th annual Ride for Recovery is happening on Saturday, November 17th, starting at 9:30a! There will be a live DJ, lots of fellowship and fun! Please plan to come on out for a great time, cycling the Hawthorne Trail and enjoying the nature at Boulware Springs! Come on out to celebrate being active in recovery, to raise awareness of mental illness and enjoy some fellowship in the outside world! Registration for the ride can be done online, at: <https://www.bikereg.com/ride-for-recovery>
  
- ◇ [Alachua Fall Festival](#) Shop with local businesses and unique street vendors while strolling the Main Street of Historic Downtown Alachua. Food vendors, live music on two different stages and games and rides for the kids will make for an exciting afternoon for the whole family! Local artists, jewelry, clothes and miscellaneous novelties will jump start your shopping for the season!

Follow us on [Facebook](#) to see the other events we didn't have space to share!